



# UA RISE

Workforce Development Program

**Award winning. Evidence-based.  
Recovery-focused. Certified peer-delivered.**

## Change your life by helping to improve others'!

### Choose Your Path

**Integrated Healthcare Recovery Support Specialist Institute (IHRSSI)** is a 10-day training program which prepares participants with lived experience in receiving services for mental health challenges and/or substance abuse disorders to support and mentor peers in their recovery journeys. **Individuals who complete the program are certified as Recovery Support Specialists** and can be employed to provide Peer Support Services in the State of Arizona.

**Parent & Family Specialist Institute (PFSI)** trains individuals to become Parent and Family Support Specialists who engage with families in order to develop positive relationships and assess and support progress towards health improvements. They also work to identify individualized goals by working with families to develop strengths, talents and abilities to make effective personal choices.

**PeerWORKS** is a **six-month education and apprenticeship program for members outside of Pima County** designed to train members to become Behavioral Health Paraprofessionals (BHPP) to work with individuals engaged in the public mental health system for mental health and substance use disorders. Individuals who complete the program are certified as Recovery Support Specialists and are eligible to provide Peer Support Services in the State of Arizona. This program includes a monthly stipend and the opportunity to apply for an additional 12-month full-time paid apprenticeship position. As an apprentice, you will hold a unique position to reach out and support individuals in recovery through your own lived experiences.

**Project FUTRE (Families Uplifted Through Recovery Education)** is a **six-month education and apprenticeship program for members to work with families** that have experienced the impacts of opiate misuse and substance use disorders. Individuals who complete the training will be certified as Parent and Family Support Specialists and Behavioral Health Paraprofessionals (BHPP) in the state of Arizona. This program includes a monthly stipend and the opportunity to apply for an additional 12-month full-time paid apprenticeship position.

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**Take your first step now, contact us at  
520-621-1642 or [fcm-wdp@email.arizona.edu](mailto:fcm-wdp@email.arizona.edu)**