

# Bùlwaci bwa corona virus 2019 (COVID-19) Bimwawanina imanya

Hùno msahù hùmùkalù'a lùbélo. Cangé byanya byôse misahù ù :

'Yumba 'yabùté'é ya (CDC) [bit.ly/cdcoronavirusinfo](http://bit.ly/cdcoronavirusinfo)  
 Ù etuho 'ya afya 'ya Arizona (ADHS) [bit.ly/adhscoronavirus](http://bit.ly/adhscoronavirus)  
 RISP Net <http://www.rispnet.com/medical/>



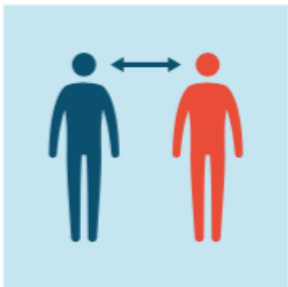
**Corona virus hémùya yaheneya m'Arizonamôse.  
 Wa'ùmwahôse ahunwa ahi'unge na a'ungé bange batù.**

## COVID-19 hélé'é?

Bùlwaci bwa corona virus 2019 angé COVID-19,, bùlé bùlwaci bwihema bùlémo kyabù'élana ùbatù bôse. Birusi byalushile COVID-19 byalùbalé'a ùô wuhan, Chine mweci w'iùmi n'ébélé mwa'a wa 2019. Batù ba'ùô Chine nabange Bose balé na bashiùlùca babo ùlya chine **TABALEBO** inôse banalwala bùno bùlwaci ihéma bange bose. Shi'éta becu bôse COVID-19 tahélémo sobola m'kyùngù angé wa'milo angé élongo 'yôse élya batù bôse banabundjwa nabo.



## COVID-19 hélémo kyabù'élana Biléhé?



'nendo manga bino Birusi bilémùkyabù'élana anga batù balé hamucunge angé hélya shekesheke ya manga ya batù ihétananina ngyéla yam'mùkya anga hùlya hùlé nabo ana'osomona n'ikashimuna haonga nobe. malya maté mana ùhingéla m'mihembe angé m'anwa mwabalya balé ha'onga nobe n'imina hemo. Birusi bina'ékyabù'ékyalana élya eneho hébyacilwa angé ihétanina mabo'o mashabwa makyé manahicilanya ùbùshù.

## ake amani'éco (dalili) alé Biléhé?

Dalili ca COVID-19 cimùbalé'a bünibùni iya cahela nahiloca

**Homa**



**e'oso**



**ishi'ya**

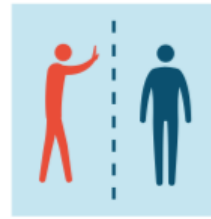


## Beni hùnalwala bùlwaci bwa COVID-19?

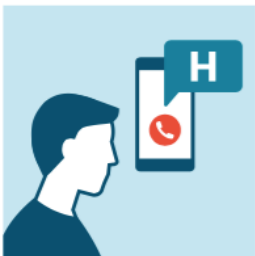
Becu tobose tùna'ébùlwala COVID-19 Shi'éta cake dalili tacinahiloca ùlé wa'ùmwa wetù hosé. Manga héle na COVID-19 hémù'ùba na dalili cake caniya ùbibyo banahihoca n'ikandjilù'éla ùmbùka. Bange bana'élwala nahilazwa ùbùn'anga. Batù banya'a yôse bana'élwa hebo, **Shi'éta balya babùhétanya mya ma'ùmi mtùba nabalya balémùlwala diyabete bùlwaci bwa'mtéma, kansere na bùlya bwihema babo ibalémohe'eielwa na COVID-19.** Ùbibyo COVID-19 hénabyùla masùngù ma'mùlù itébibya ishi'ya mwiHEMA, bùlwaci ù mihiko angé bùnalusha lu'u.

## Biléhé binina hi'éngéléca n'iéngéléca bange ?

- Ibwata byanya byôse ùmabô'o na sabùni sekunde ma'ùmi mabélé- ùhétakana anga wa'écwa ùbwé'éké angé wanabùhicùla bihùnga nalùngé mbele yahilya.
- Cibéla 'yobe e'oso, kashimuna msamba yobe ngucuma angé muhobe mswala.
- Ùbibyo tamù'elo'olwa ùma meso, mihembe angé anwa na mabo'o mashabwata.
- Iba bùle nabalwaci.
- Sù'é bitù na hatù halya hamulé byanya byose.
- Icanga bilemotenda hobe m'té'é na bashibùté'é ba yobe mbùka.
- Éta byôse byùbasha 'wicibéla bùlwaci. Bùsùlù bwamanga bùfungwa. Shikale ùmabùka ena'andù'ùba tamwawala ùhétakana ùbalya balwala.



## Ùlé ùtùnapata m'watéléco ?



**Anga wikyé ùlé na COVID-19, bùca hòbe m'té'é mbele yahiya ù'éyùmba 'yabùté'é.** Anga tùlé na m'té'é bùca bùté'é bwa'mkyambé bùlé habwéhé nôbe. **Anga walùmonwa na COVID-19 na hobe m'té'é aùbwéla ùhi'ane ùmbùka,** shingù'a ihuma m'mobe malongo na ùbé nayobe WC na bobé bùbwatélo ùb'imwene. Akù'ùma mtù hòse hùlya. Bwata byanya byose mabo'o. Akùhùlana m'yobe nyumba ampaka halya hashiùbwélé hobe m'té'é mango hébe lùmbaka lwiya ùlùbù'o anga bobé bùlwaci bwaonyemena.

Yalù lushibwa na mpango wa bene bakimbizi m'mbùka ya Arizona



Muhi'ùngé na mu'unge mbùka yenu ù microbe ya corona.  
Bwate menu mabo'o na shikale ùmabùka!  
Twanahifunga ifumba tùnacibéla ikyabùécana corona virus.