

# Project FUTRE

## Families Uplifted Through Recovery Education

*Pre-Apprenticeship Training Report: Cohort 2 Feedback at Three Months*



Comprehensive Pain  
& Addiction Center



**WORKFORCE  
DEVELOPMENT  
PROGRAM**  
Family & Community Medicine



THE UNIVERSITY OF ARIZONA  
MEL & ENID ZUCKERMAN COLLEGE OF PUBLIC HEALTH  
Center for Rural Health

## 1. Introduction: Project FUTRE

Families Uplifted through Recovery Education (Project FUTRE) is designed to enhance and expand behavioral health paraprofessionals' knowledge, skills, and expertise. The aim of this project is to increase the number of behavioral health-related paraprofessionals qualified to provide services to children and families who are impacted by opioid use disorders (OUD) and other substance use disorders (SUD). The project has two levels: 1) pre-apprenticeship classroom training for 6-months and 2) an onsite apprenticeship with a healthcare organization for 12-months. Those who complete the pre-apprenticeship level become certified Parent and Family Support Specialists. About half of Level I graduates will be placed with a healthcare organization and receive on-the-job training as apprentices.

This report details Cohort 2's pre-apprenticeship feedback after three months of training.

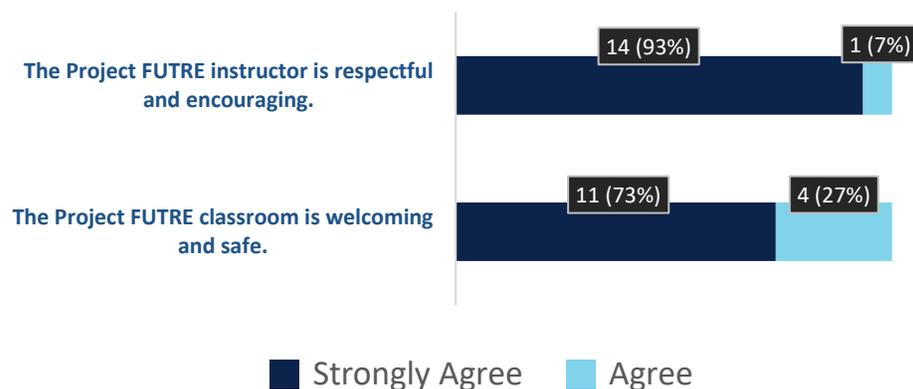
## 2. Trainee Characteristics

The cohort began with 18 but now includes 15. All were contacted for the 3-month evaluation and all participated. Most of the trainees 11 (73%) identified as females, while 4 (27%) identify as males. More than half, 8 (53%) identify as Hispanic/Latino, 3 (20%) identify as non-Hispanic White, one (7%) identify as Asian, one (7%) identify as Black or African American, two (13%) identify with another race not listed, and one (7%) identify as Alaskan Native. The mean age of those who completed the survey is 45 years, while the median age is 46. The lowest age is 24 years while the highest is 61 years. In terms of educational qualifications, six trainees (40%) say they have some college education, six (40%) have a high school diploma/GED, two (13%) have some form of vocational training or technical training after high school, and one (7%) has a bachelor's degree. A more comprehensive trainee demographics report can be viewed at [www.fcm.arizona.edu/project-futre](http://www.fcm.arizona.edu/project-futre).

## 3. Classroom Environment

As shown in Figure 3.1, 11 (73%) of the trainees strongly agree that the classroom environment is conducive for learning, and 14 (93%) say that Project FUTRE instructors are respectful and encouraging.

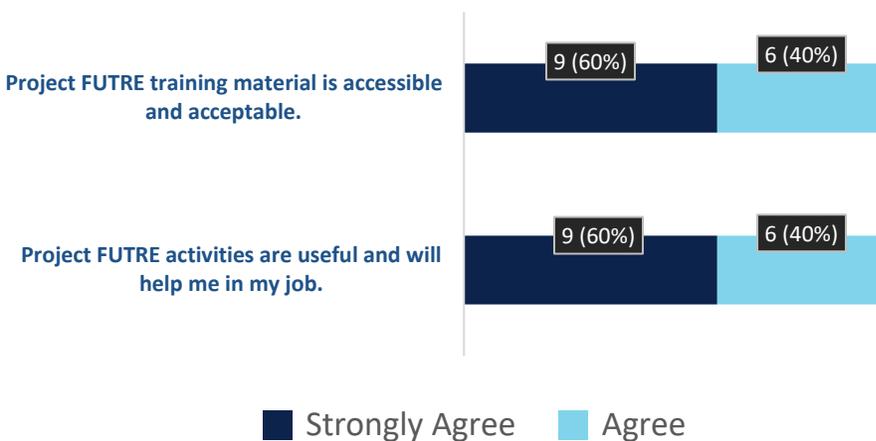
**Figure 3.1 Classroom atmosphere and respect. (n=15)**



## 4. Workload and Usefulness of Activities

All the trainees felt that the workload required to fulfill the training program requirements is just right for the program, and no one felt overwhelmed. Most trainees also 9 (60%) strongly agree that the learning activities are useful and will help them in their jobs and 9 (60%) strongly believe that the materials were accessible and acceptable (Figure 4.1).

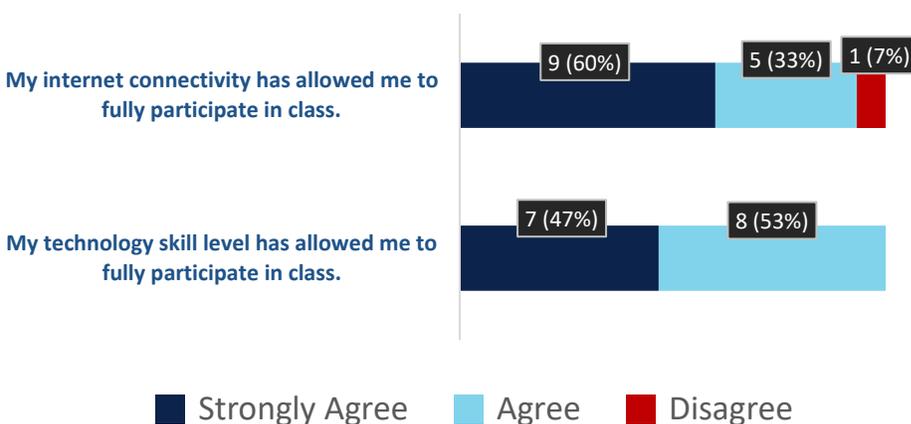
**Figure 4.1 Activities and Training Materials (n = 15)**



## 5. Technology and Internet Connectivity

Most of the trainees 9 (60%) strongly agree that their internet connectivity was sufficient to fully participate in class. They all agree that their technology skills were sufficient to enable them to participate fully in class. About 7% of the cohort indicated that they lack sufficient internet connectivity to participate in class.

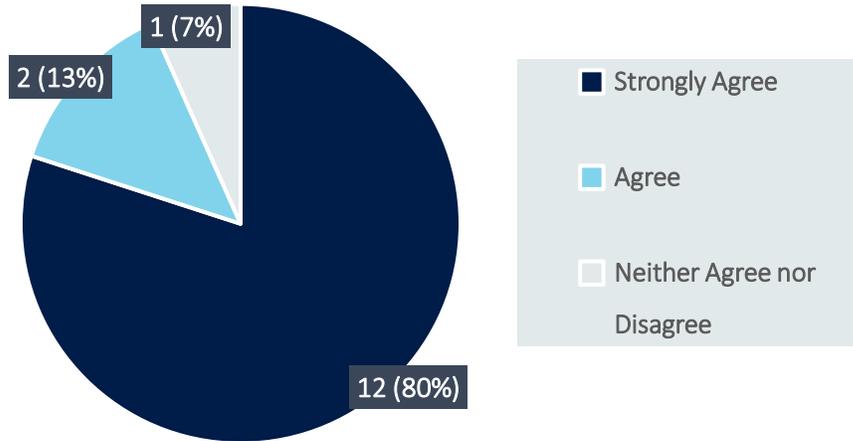
**Figure 5.1 Technology Skill and Internet Connectivity (n = 15)**



## 6. Payment Process

Each full-time trainee in level I receives a monthly stipend of \$750 over six months. Overall, 82% of the trainees are comfortable with the payment process of Project FUTRE as shown in Fig 6.1.

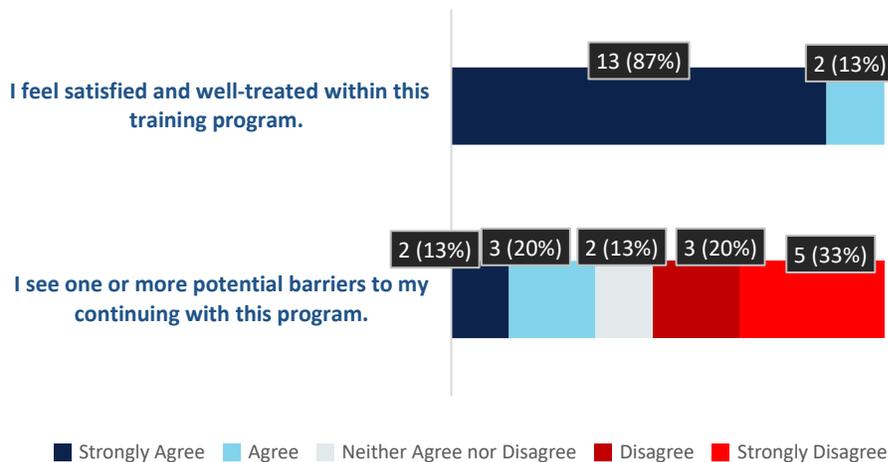
Figure 6.1 Payment process (n = 15)



## 7. Trainee Satisfaction, Barriers, and Areas for Improvement

All the trainees feel satisfied with Project FUTRE and about 53% of the trainees did not see any challenges that would prevent them from completing this program.

Figure 7.1 Overall Satisfaction and Barriers (n = 15)



## ACKNOWLEDGEMENTS

The Project FUTRE Evaluation Team is grateful to our Trainees for candidly relating their experiences in Project FUTRE and beyond. We offer our thanks for your time and commitment and hope this report rewards your efforts. We also hope you will keep in touch! Thanks as well to all Project FUTRE Program staff who facilitated correct and complete data collection and provided useful feedback on this report.

## FUNDING DISCLAIMER STATEMENT

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