

Project FUTRE

Families Uplifted Through Recovery Education

Cohort 1 Pre-Apprenticeship Training: Baseline and Endline Evaluation



Comprehensive Pain
& Addiction Center



**WORKFORCE
DEVELOPMENT
PROGRAM**
Family & Community Medicine



THE UNIVERSITY OF ARIZONA
MEL & ENID ZUCKERMAN COLLEGE OF PUBLIC HEALTH
Center for Rural Health

1. Introduction: Project FUTRE

Families Uplifted through Recovery Education (Project FUTRE) is designed to enhance and expand behavioral health paraprofessionals' knowledge, skills, and expertise. The aim of this project is to increase the number of behavioral health-related paraprofessionals qualified to provide services to children and families who are impacted by opioid use disorders (OUD) and other substance use disorders (SUD). The project has two levels: pre-apprenticeship classroom training for 6-months and an onsite apprenticeship with a healthcare organization for 12-months. This report details Level I self-evaluation for cohort 1. Assessments were completed at time of enrollment (baseline) and after completing the pre-apprenticeship training (endline).

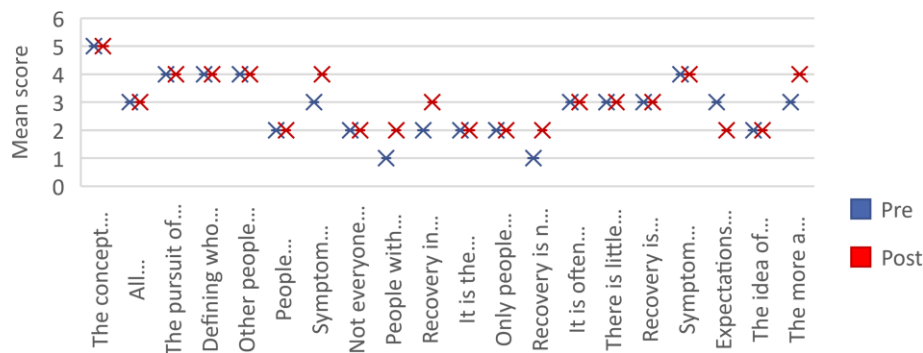
2. Trainee Characteristics

This report includes self-evaluations from 8 trainees who completed the pre-apprenticeship training. Four (50%) identified as females, two (25%) as males, and two (25%) as gender non-binary/non-conforming. One (13%) identified as Hispanic/Latino, six (75%) as Non-Hispanic White, and one (13%) as another race. Over one-third of the cohort speaks another language in addition to English. Trainees mean age is 51 years, with 50% of the cohort reported being between the ages of 44 and 66 years. Two trainees (25%) said they have a bachelor's degree, one (13%) an associate degree, three (38%) some college education, one (13%) some form of vocational training, and one (13%) a high school diploma/GED.

3. Recovery Knowledge

This section examines the understanding of the trainees in the recovery process. This was measured with the Recovery Knowledge Inventory scale. Trainees were instructed to rate their understanding on 20-items at baseline and endline. For each item, the options were Strongly Disagree (1), Disagree (2), Not Sure (3), Agree (4) or strongly Agree (5). At endline, the trainees had a better understanding of the recovery process compared to baseline. This is revealed by more correct answers as shown in the Box and Whisker plot below (Figure 3.1).

Figure 3.1 Distribution of Average Self-Rating Recovery Knowledge at Baseline and Endline (n=8)

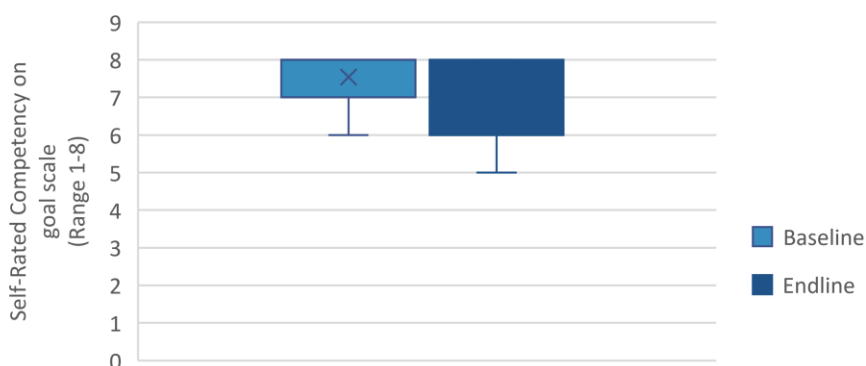


The "x" represents the mean score for each question. Trainees are expected to agree to the first 5 questions from the left and disagree to the rest.

4. Goals Assessment

The Goals scale measures how the trainees felt about themselves at the start of the pre-apprenticeship training and upon completing the pre-apprenticeship training program. The trainees were instructed to rate their understanding on six items at baseline and endline. For each item, the options were Definitely False (1), Mostly False (2), Somewhat False (3), Slightly False (4), Slightly True (5), Somewhat True (6), Mostly True (7) or Definitely True (8). On average, the trainees felt good about themselves and more confident in their newly acquired skills as demonstrated by an average goal scale score of 7 at endline.

Figure 4.1 Distribution of Average Self-Rating Goal Scale (n=8)

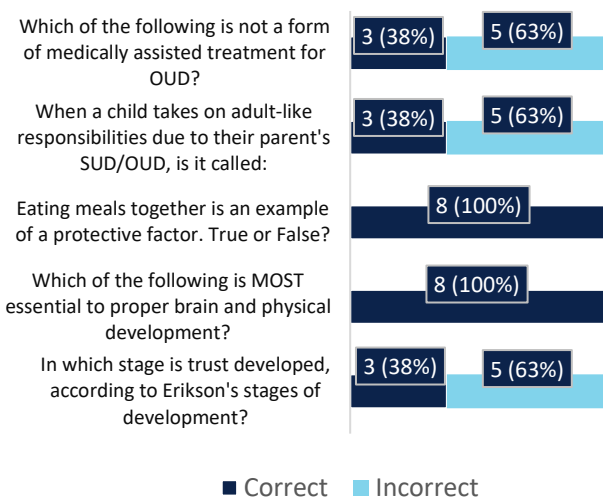


Note: the "x" represents the mean score while the line represents the median scores.

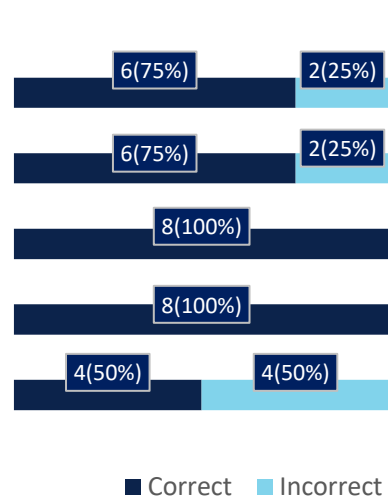
5. Knowledge, Skills and Abilities

This section explores the trainees' understanding of the skills involved in family support. The bar chart below shows that more trainees had a better understanding of the skills required in family support after completing the pre-apprenticeship training. This is reflected in more trainees having higher scores for each of the five questions at the end of the 6-month pre-apprenticeship training compared to baseline.

Figure 5.1 Baseline Self-Evaluation (n = 8)



Endline Evaluation (n=8)



ACKNOWLEDGEMENTS

The Project FUTRE Evaluation Team is grateful to our Trainees for candidly relating their experiences in Project FUTRE and beyond. We offer our thanks for your time and commitment and hope this report rewards your efforts. We also hope you will keep in touch! Thanks as well to all Project FUTRE Program staff who facilitated correct and complete data collection and provided useful feedback on this report.

FUNDING DISCLAIMER STATEMENT

This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award to help train paraprofessionals funded by HRSA/HHS, grant number T26HP39459. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA/HHS, or the U.S. Government. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA/HHS, or the U.S. Government.