

Catholic Social Service Home-Delivered Meals

Eligibility:

Seniors age 60 and older and adults with disabilities in the Tucson area. Must be homebound and have limitations in two activities of daily living.

Intake Process:

Call for intake

Description:

Provides home-delivered meals for seniors and people with disabilities who are unable to prepare nutritious meals for themselves. Five meals are delivered each week.

Hours:

Mon-Fri 8am-5pm

Program Fees:

None; \$2 per meal suggested donation

Languages:

English, Spanish

Handicap Accessible?

Yes

Address Listings

Physical (Primary)	5009 E 29th St Tucson, AZ 85711-6443
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Mailing	5009 E 29th St Tucson, AZ 85711-6443
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Contacts

Randy Elstad	Primary Contact Associate Director randye@aol.com
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Phone Numbers

Main	(520) 624-1562
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Fax	(520) 519-1303
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<http://www.ccs-soaz.org>

Related Resource

Catholic Community Services - Tucson

Date of Official Change:

May 15, 2019

Interfaith Community Services Mobile Meals

Eligibility:

Seniors and adults with disabilities who are unable to prepare meals. Must live in Oro Valley and Tucson areas between Saddlebrooke Blvd and Miracle Mile/Fort Lowell Rd, and between Swan Rd and I-10.

Intake Process:

Call for intake

Description:

Provides meal delivery service to people who are unable to prepare meals for themselves. Two meals are delivered each weekday; special diets available.

Hours:

Mon-Fri 9am-1pm

Program Fees:

Sliding scale for income eligible

Languages:

English

Handicap Accessible?

Yes

Volunteer Opportunities:

Volunteers deliver meals to clients.

Address Listings

Physical (Primary)	2820 W Ina Rd Tucson, AZ 85741-2502
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Mailing	2820 W Ina Rd Tucson, AZ 85741-2502
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Contacts

April Schiller	Primary Contact Chief Financial & Admin Officer aschiller@icstucson.org
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Jan Willkom

Program Coordinator
jwillkon@icstucson.org

Phone Numbers

Main (520) 297-6049

Fax (520) 797-3029

<http://www.icstucson.org>

Related Resource

Interfaith Community Services

Date of Official Change:

October 10, 2019

Liogue Senior Center

Eligibility:

Enrolled Pascua Yaqui tribal members and other Native Americans, age 55 and older

Intake Process:

Call

Description:

Provides social activities and support services to Native American elders living on the Pascua Reservation. Includes congregate meals, home-delivered meals, transportation, and advocacy.

Hours:

Mon-Fri 8am-5pm

Program Fees:

None

Languages:

English, Spanish, Yaqui

Handicap Accessible?

Yes

Address Listings

Mailing 7474 S Camino De Oeste
Tucson, AZ 85757-9308

Physical (Primary) 7601 S Camino Benem

Tucson, AZ 85757-8908

Contacts

Manager Primary Contact
Contact

Phone Numbers

Main (520) 879-5530

Fax (520) 879-5540

<http://www.pascuayaqui-nsn.gov>

Related Resource

Pascua Yaqui Social Services Department

Date of Official Change:

April 24, 2019

Mobile Meals of Southern Arizona, Inc

Eligibility:

Adults in Green Valley, Sahuarita, and Tucson who are homebound and unable to shop or prepare meals. The emphasis is on those who have special diet needs.

Intake Process:

Call for home visit and interview

Description:

Delivers meals to adults who are homebound and cannot shop or prepare their own food. Service is directed primarily toward adults who need special diets. Deliveries are made on weekdays and usually include one hot and one cold meal. This is not a short-term program; service is available for six weeks and longer.

Hours:

Mon-Thu 8:30am-3:30pm, Fri 8:30am-2:30pm administration; Mon-Fri 11am-1pm deliveries

Program Fees:

Sliding scale for income eligible

Languages:

English, Spanish

Handicap Accessible?

Yes

Volunteer Opportunities:

Volunteers deliver meals, do clerical work, and interview prospective clients in their home.

Address Listings

Mailing 4803 E 5th St
Ste 209
Tucson, AZ 85711-2127

Physical (Primary) 4803 E 5th St
Ste 209
Tucson, AZ 85711-2127

Contacts

Jennifer Tersigni, MA Primary Contact
Interim Executive Director
info@mobilemealssoaz.org

Roxanna Mendoza, BSN Program Director

Phone Numbers

Main (520) 622-1600

Fax (520) 622-1607

<http://www.mobilemealssoaz.org>

Date of Official Change:

October 24, 2019

Pima Meals On Wheels

AKA:

Meals On Wheels

Eligibility:

People who are unable to prepare meals and have no one to assist them

Intake Process:

Call for intake

Description:

Provides chilled meals to eligible people who are unable to prepare meals. Meals are delivered by Catholic Social Services and Lutheran Social Services of the Southwest based on zip code. 24-hour emergency response is not available.

Hours:

Mon-Fri 8:30am-5pm

Program Fees:

None; accepts donations

Languages:

English, Spanish

Handicap Accessible?

Yes

Address Listings

Mailing

8467 E Broadway Blvd
Tucson, AZ 85710-4009

Physical (Primary)

8467 E Broadway Blvd
Tucson, AZ 85710-4009

Contacts

Tony Estrada

Primary Contact
Program Director
help@pcoa.org

Phone Numbers

Intake

(520) 790-7262

Fax

(520) 790-7577

<http://www.pcoa.org>

Related Resource

Pima Council on Aging

Date of Official Change:

March 26, 2019