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Family Matters

From the Program Director...



Over the past year we have highlighted changes in our residency program and the outpatient practice at Alvernon. The latter months of the year lend themselves well to reflection and introspection and as I think back on the past year, I find myself thankful to be a part of this residency program community. In the past few months, I have been impressed not only with the achievements of our

residency alumni but with the strong connections that our alumni have with the success of our current residents.

This fall, Katie Grund (Class 2013) visited with our third year residents to answer their questions about life after residency and bear witness to the program's preparation for the transition to independent practice. Our third years will have a new rotation experience during their Geriatrics rotation thanks to John Carter (Class 1978), Thomas Rothe (Class 1980), and their partners including Loan Haase (Class 2013). The patients of Drs. Carter and Rothe have been well cared for over the past couple of decades and the program is excited about this new partnership to expose our residents to a highly functional practice that cares for many older adults.

Lastly, our Global Health Track is thriving under the mentorship of Dr. Elizabeth Moran (Class 2008) who recently took a number of our residents (Shane Richardson, Charlene Clements, Carolyn Quigley, John Nguyen, Charity Reynolds) to the AAFP Global Health conference. Inspired by a session at the conference, Dr. Moran led the Global Health Track in making a bubble CPAP for use in under-resourced areas last week. Of note, Bill Ventres (Class 1988) was the key note speaker of this year's Global Health conference and has graciously agreed to speak at our depart-

mental meeting in January. While at the conference, our residents had the pleasure of meeting up with alumni Esther Johnston (Class 2014 and back in the US after a year in Tanzania with Seed Global Health), Tasnim Khalife (Class 2014), Colin Crowe (Class 2014), and Samantha Deliere (Class 2013). Dr. Khalife recently left the program after completing over a year as junior faculty, completing her MPH in Maternal Child Health while leading our Somali group prenatal care visits.

When speaking to residency applicants about the program, I ask our residents and faculty to share what they value about the program. The people, their passions, and the lasting relationships formed here have laid a strong foundation for both the individual members and the program as a whole. I hope you enjoy reading more about the latest happenings in our Fall Newsletter.

With Gratitude, Jessie

Fall 2015			
In this issue:			
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2015 Graduation and Welcome Dinner

La Paloma Country Club

Tucson, AZ





There a here there is the main of the second s Graduates: Elizabeth Artrip Caroline Becerra Kimberly Le Christine Pham Genevieve Riebe Neela Sandal Ashley Wofford Leong

Elizabeth Artrip receiving the STFM Resident Teacher Award.







Drs. Mari Ricker and Patricia Lebensohn handing out the Integrative Medicine certificates



Dr. Carlos Gonzales giving a Native American blessing.



Christine Pham receiving the TFAP award from Anne Ryan.



Chief Residents, Genevieve Riebe and Ashley Wofford, handing Cirila Beltran the Nurse of the Year award.

Welcome Class of 2018!



Alessandra Benson, DO University of New England College of Osteopathic Medicine



Jacqueline Huynh, MD University of Arizona College of Medicine



Sydne Ford, MD Meharry Medical College



Raysenia James, DO Michigan State University College of Osteopathic Medicine



Mary Garcia, MD Ohio State University College of Medicine



George Schatz, MD Stony Brook University School of Medicine



Ryan Howard, MD Florida State University College of Medicine



Zachary Sprague, DO A.T. Still University School of Osteopathic Medicine—AZ

Core 2

The second year residents participated in Core 2 in late August. They completed the Neonatal Resuscitation Program (NRP) and Advanced Life Support in Obstetrics (ALSO). Each resident received certification for both training sessions. During the two week Core 2 rotation, residents were able to hear faculty present lectures on Colposcopy, Effectively Teaching & Evaluating MS3s, Intro to the Maternal Child Health Service, and Diabetes Education for Children which better prepare them for their second year of residency. Additionally, they practiced performing circumcisions in a workshop led by Dr. Carlos Gonzales. In addition to the lectures and training, the residents had an entire morning of integrative medicine talks and hiking!





Core 3

Core 3 recently ended for our third year residents in October. The Core 3 schedule is set up to prepare the residents not only for their third year of residency but also for life after residency. The residents also recertified in Advanced Cardiovascular Life Support (ACLS) for another two years and participated in integrative medicine sessions including hiking and yoga.

UA Family Medicine Residency Education Fund

Please consider making a charitable gift to the University of Arizona Family Medicine's Residency Education Fund. The link to donate is on our homepage at http: <u>fcm.arizona.edu/residency</u>.

Tax-deductible gifts to this fund will ensure that every resident can attend a national conference and present their important research. These types of experiences are an invaluable component of their residency training!

Resident Achievements and News...

AzAFP Brazie Award Winner!



Charity Reynolds, R3, Kim Le and Christine Pham, both Class of 15', Brazie Award Winner Charlene Clements, and John Nguyen, R3.

Dr. Charlene Clements was chosen as the state wide recipient of the Walter Brazie, MD, Fellow-ship Award.

Charlene and Dr. Brazie are both small-town Arizonans with a passion for helping the people of underserved communities—this thread has run through Charlene's work in medical school and in her MPH program, in the work that she has done with the P-MAP program and other mentoring opportunities, and most recently her efforts in recruitment of an intern class that already feels supported are just some of the reasons that the Award Committee may have chosen her for this distinction.



On October 8, 2015, Rebecca Raub, R2 and Anne Ryan, TFAP, volunteered at the Armory Park Senior Center Health Fair where they talked with participants about advance directives.

Family Medicine Interest Group National Coordinator Written by Jacqueline Huynh, MD, First Year Resident

In August 2014, at the American Academy of Family Physicians (AAFP)'s National Conference for Residents and Medical Students, I was elected by the Student Congress to become the Family Medicine Interest Group (FMIG) National Coordinator after previous serving as a FMIG Regional Coordinator. In this new role, I lead the FMIG network which is comprised of the local student interest groups, 5 FMIG regional coordinators, the appointed SNMA liaison, and the National Coordinator, with support from several AAFP staff members. Our role was to increase comunication between the AAFP and the local student interest groups. Our goal was to



increase awareness of and interest in Family Medicine as a career with the ultimate objective of increasing the number of medical students who will choose family medicine as a career.

In the year I served as the FMIG National Coordinator, the FMIG Network was very robust and accomplished many of our objectives. One in particular was to change how we communicated with local student interest groups. We began using social media more avidly by launching a series of short videos called Family Medicine on Air. This series used Google Hangouts and YouTube to address questions medical students may have on various topics such as Direct Primary Care or the Patient Centered Medical Home and featured the current AAFP president, along with the Regional and National Coordinator. Further details can be found at aafp.org/FMonair. Other responsibilities as the FMIG National Coordinator included planning a leadership development workshop for the aforementioned Regional Coordinators, participating on the AAFP's Commission on Education and its Subcommittee on Resident and Student Issues (SRSI) and Subcommittee on National Conference Planning, and speaking at four dedicated events at the AAFP National Conference in 2015.

This has been a wonderful student leadership opportunity for me as I have learned so much about myself, my peers, and the leaders in my chosen specialty. Prior to my election to this position, I have rarely sought out a leadership position especially one with a public speaking role. Public speaking had never been alluring to me; performance anxiety had been my enemy for more years than I could count. But I was able to stand in front of a crowd, engage their attention, and speak with confidence to inspire a new class of students to consider, and hopefully to ultimately choose, family medicine as their career. I discovered other students and residents with the same passion I have for family medicine and serving their community's health needs. I met people who shared my same concerns (which plagued every student I encountered: can I afford this career?) and found those concerns allayed. I discovered practicing physicians who were still in love with their career in family medicine, who approached practicing medicine in innovative ways, who were dedicated to their community and sought to change national policies to better their communities, and who inspired me to continue to inspire others to choose this field. I am fortunate to have had the support of my medical school in pursuit of this leadership opportunity, and blessed to have the support of my residency program, and especially from Dr. Pettit in allowing me to honor and fulfill my public speaking and leadership commitments at this past National Conference. I am thankful for the Family Medicine faculty members who encouraged my continued participation in national leadership, including but not limited to Dr. Grivois-Shah, Dr. Gordon, and Dr. Gonzales.

Be sure to check out the <u>AFMRD Prez Release</u> to hear about opportunities for involvement nationally in the AAFP and national FM education positions. Dr. Jacqueline Huynh is featured at minute 11:00 and Natasha Bhuyan, UACOM alumni and Banner Phoenix resident, is at minute 17:00.

Spotlight on Resident, Mary Garcia-Kumirov -



Q: Where did you go to medical school and do residency? A: I relocated from Columbus, OH after graduating from The Ohio State University COM, home of the Buckeyes!

Q: How have you adjusted and what do you enjoy most about Tucson? A: I've adjusted pretty well to life in Tucson. I will certainly miss the four seasons you get in the Midwest but it will be nice not to have shovel snow off my car or slip on the black ice. :D What I like most about Tucson is that it has the feel of a small city, like my hometown Yuma, with all of the appeal of a larger city.

Q: Do you have a favorite restaurant?

A: My favorite restaurant is El Guero Canelo. I can get all the carne asada I want when I'm missing my mom's version!

Q: How do you unwind form the schedule of a First Year Resident?

A: My favorite thing to do to unwind from being an intern is coming home, eating a delicious meal, topping it off with cake batter and banana ice cream with fudge and spending time with my husband and Annabelle, our dog, and Tiger, our cat. I also enjoy going out with my fellow residents, running and perusing the stores for a good bargain!

Q: Any advice to future First Years?

A: As far as advice I would give to future first years, I think it would have to be to keep your head up even on your worst days, be flexible and willing to adapt, and don't forget to have fun and make time for family, friends and of course, pets!

Alvernon Family Medicine All Staff Retreat Written by Ravi Grivois-Shah, MD, Faculty and Medical Director—Alvernon

The Alvernon Family Medicine came together on October 22 for its first all staff retreat. Faculty, residents, nurse practitioners, nursing and front desk support, and other staff worked on team building and communication skills through a fun and active exercise led by Nathan Podsakoff from the Eller College of Management. Following this, families were invited to join in a picnic / barbecue to celebrate together, complete with a bouncy house and face

painting for the kids!



Residents Out and About...

2014 AAFP Global Health Conference

Written by Liz Moran, MD, Faculty

A large group of current and former members of the Alvernon Family Medicine residency met up in Denver the first weekend of October for the annual AAFP Global Health Workshop. In attendance were current residents Carolyn Quigley (R3), Shane Richardson (R3), Charity Reynolds (R3), and Charlene Clements (R3), recent residency graduates Tasnim Khalife and Esther Johnson (class of 2014), and faculty member Elizabeth Moran (class of 2008). Esther Johnson is now the director of Family Medicine for SEED Global Health, which is a collaborative project with the Peace Corps. Distinguished residency alum Dr. Bill Ventres (class of 1988) gave the keynote address to open this conference which had an audience of international attendees. We are excited to welcome Dr. Ventres back to Tucson in January 2016 when he will give grand rounds at the FCM department-wide meeting.



University of Arizona Family Medicine residency program faculty, residents, and alumni come together at Global Health conference!



Chief Resident, John Nguyen and Katherine Martineau posing in front of the UA Family Medicine booth.

Coming Soon...

The 2016 Annual Clinical Education Conference will be held April 7-9 in Phoenix, AZ.

WHEN

APRIL 7-9

WHERE

DESERT

WILLOW CONFERENCE

4340 E Cotton Center Bird, Phoenix, AZ \$3040

LODGING

ATAFF

Phoenix Marriott Tempe at The

Buttes, 2000 W Westconn Way, Tampa, AZ 83282 for \$149 USD per night 1-888-867-7492 mention

2016 ACE

CONFERENCE Evidence in Practice

QUALITY EDUCATION NETWORKING HONOR THE BEST OF FAMILY MEDICINE SUPPORT THE AZAFP FOUNDATION

SPECIAL EVENTS

- LEGISLATIVE UPDATE- SUSAN GANNATA, JD
- AZAFP ALL MEMBER RECEPTION- ALL INVITED, NO EXTRA CHARGE- FRIDAY APRIL 7⁷⁸
 AZAFP AWARDS RECEPTION AND FOUNDATION

RAFFLE • AAFP VIP UPDATE WITH BOB WERGIN, MD

• CMS UPDATE WITH Q & A

2015 AAFP National Conference for Family Medicine Residents and Medical Students Written by John Nguyen, MD, Chief Resident

The National Family Medicine Student and Resident Conference held in Kansas City was a huge success! There was a great showing by our residents including Drs. Jacqueline Huynh (R1), Naomi Bitow (R2), Katherine Martineau (R2), John Nguyen (R3) and Program Director Dr. Jessie Pettit. Students from all around the country (and the world) stopped by the booth in "Arizona Avenue" to hear more about the great full-spectrum opportunities offered at the University of Arizona. Some highlights include - Integrative Medicine and Sports Medicine Fellowship, Global Health Club and international electives, Maternal Child Health Services, and the care of our unique patient population including our refugee patients.

AZ family medicine residency programs were well represented down Arizona Avenue at the National Conference.



Help Support Reach Out and Read!

Reach Out and Read promotes childhood literacy by providing age appropriate books to children during their doctor visit. In the past, the ROR program has been sustained through community sources of funding but these sources have dwindled in the past year.

You can write a check payable to: UAF/Family Medicine. In the memo write: Alvernon Reach Out and Read or Alvernon ROR

Checks can be mailed to: Department of Family and Community Medicine PO Box 245052, Tucson, AZ 85724-5052



Spotlight on Faculty member Dr. William Haas



- Q: Where did you go to medical school and do residency?
- A: Medical School: East Carolina University; Greenville, NC Business School: East Carolina University; Greenville, NC Residency: Carolinas Medical Center; Charlotte, NC

Q: How long have you been teaching?

- A: First year teaching as faculty member.
- Q: What do you enjoy most about teaching residents?

A: Being asked questions for which I do not know the answer - keeps you humble and increases your knowledge.

Q: How do you de-stress? Any hobbies?

A: Sit at home and meditate while burning incense sticks and listening to Enya because that's how integrative medicine doctors de-stress, right? Spend most of my free-time distressing at the gym or on my road bike. Currently, train and compete as a professional in Kettlebell Sport. Also, enjoy cooking and eating food!

Q: What do you enjoy most about Tucson? A: Warm weather and sun. Bike lanes everywhere. Killer salsa.

Q: Do you have a favorite restaurant? A: Cafe Poca Cosa.

New Face at Alvernon

Q: Any words of wisdom for current residents?A: Develop a system and perfect that system, efficiency will follow.

Master the basics and know the evidence, then don't be afraid to depart from the evidence using shared decision-making skills.



My name is **Suzanne Teeple** and I am the new part-time attorney working with Anne Ryan at the Tucson Family Advocacy Program (TFAP). TFAP educates healthcare providers on identifying legal issues that impact patient health and works as part of the multidisciplinary team by provid-

ing free legal assistance to low income patients in the clinic. I am specifically focused on the referrals for our clinic's refugee patients.

I am a Tucson native and I worked with Anne as an intern during law school and as an attorney for two years after law school. My husband and I then moved to Dallas for his residency training. I was happy to return to Tucson when his training was completed and even happier to be granted funding from the Arizona State Refugee Resettlement Office to come back and work at TFAP and FCM again. I have an almost four year old daughter named Audrey and two goldendoodles. I like to cook and garden. You can reach me at 694-1624!

Congratulations to Our Faculty!



Dr. Paul Gordon has been elected to sit on the committee for AAM Council of Faculty of Academic Societies and Appointments, Promotion, and Tenure.

Dr. Patricia Lebensohn has received the 2015 College of Medicine Faculty Mentoring Award.





Dr. Colleen Cagno, associate professor and associate head of clinical affairs and graduate medical education, has been appointed to the American Council on Graduate Medical Education (ACGME) Family Medicine Residency Review Committee (RRC). Her appointment begins July 1, 2016 and continues for six years.

The ACGME Family Medicine Review committee's 14 members review all residency and fellowship programs associated with family medicine. The committee makes decisions on program accreditation, and offers recommendations to institutions about how they can strengthen their programs.

UA FCM Advanced Life Support in Obstetrics (ALSO) Course Continues to be a Success!

Excerpt from FCM Matters

Twenty-four participants took our 4th annual UA FCM ALSO course including residents from both FM residency programs and four MCH faculty. Drs. Autumn Stevenson and Colleen Cagno were the course directors and taught along with four other MCH faculty including Drs. Jessie Pettit, Kyle Meehan, Karyn Kolman and Sommer Aldulaimi. Now all fourteen MCH faculty are certified ALSO Providers.



The ALSO program combines evidence-based hands-on simulation training with multidisciplinary team-based approaches to enable better management of obstetric emergencies.

One of the course highlights was a station on practicing estimating blood loss - see if you can guess the amounts?



Pre-Medical Admissions Program Shadowing Mentors Needed

P-MAP (Pre-Medical Admissions Program) is a program designed to help non-traditional and under represented minority students gain entrance into the University of Arizona College of Medicine. Dr. Violet Siwik, the interim dean of student affairs, said the students in the program are diverse, and studies have shown patient populations prefer to have physicians with similar cultures and backgrounds. Students who are accepted into

the program will receive a master's degree in molecular and cellular biology by the end of their one-year term and will use that to serve Arizona's local communities.

"The goal, ultimately, is to create diversity in our College of Medicine that will ultimately reflect the diversity of our state," Siwik said. "We are trying to become more diverse in our faculty, in our student population and all throughout the College of Medicine."

Dr. Carlos Gonzales is looking for six mentors (attendings or residents) at each clinic that would be willing to have a P-MAP student shadow them in clinic. The time requirement is one-half day maybe 2 or 3 times between now and December. Mentors are needed for students of various backgrounds: Somalia/Kenya, Peru, Honduras, Guatemala, poor US, Navajo (2), and Mexico (5). Three students are older, non-traditional students. If you are interested, please contact Sherry.

In Banner News...

BUMC—Phoenix Colleagues Visit Tucson

In July, the DFCM leadership team was happy to host our sister department from Phoenix. Drs. Jeff Wolfrey (department chair), Steve Brown (residency program director), and Jason Leubner (clinical medical director) visited our clinics and residencies here in Tucson and the DFCM leadership team was able to tour Banner University Medical Center—Phoenix in September. We hope this is the just the beginning of more exchange visits and collaborations between our departments.



Alumni Updates and News

Update on Alumni, Dr. Howard Roemer, Class of 77'



I am currently in Doha, Qatar. I have a very unique role: Chief of Division Acute Care Medicine in the Dept. of OB GYN at Sidra Regional Medical Center – a Women Children's Hospital planned to open around early 2017. It is planned as western model world class regional center. Most of our docs and nurses will be North American and UK. My division combines EM, ICU and hospitalist services which is a very unique model allowing [we hope] an optimal continuum of care between those areas. It's been an exciting adventure not only with the local culture but learning about the medical culture.

Interesting factoids:

- Wonderful family oriented native culture
- Despite being one of the wealthiest countries per capita in the world, rapid growth has led to extremely challenged hospital bed capacity 100% plus utilization
- 80% of population are expatriates with many laborers from poor Asian countries arriving with multiple occult conditions [parasites, HTN, DM, etc.]
- Limited primary care leads to high acuity hospital presentations
- World class sporting events top tour events tennis, golf, soccer, et al sports highly valued, in fact every Feb. national paid holiday – "Sports Day".
- Great international cuisine when you ask expats from India, Egypt, etc where to get most authentic food, invariably they say "my mother's house" I have American trained docs from Lebanon, Tunisia, Iraq, etc and they do take me to great spots plus give me narrative on the dishes. Picture you see is from very large [over 50 fish stalls] seafood market. We go there buy fish, take them next door for cleaning and scaling, drop them off at restaurant for preparation, then pick up and bring home to eat. Of course major shower between visit to market and sitting down to dinner, especially if other guests weren't scented.





Publications...

Check out Dr. Tasnim Khalife's "<u>Caring for</u> <u>Muslim Patients Who Fast During Ramadan</u>" article published in American Family Physician.



Coming Soon...

We are looking forward to the AOA Visiting Professorship on January 28th and 29th, 2016. Program alumni, Dr. Bill Ventres, Class of 1988 is scheduled to speak!

Verification of Post-Graduate Training

Applying for licensure or a new job? If you need to verification of post graduate training please forward forms to:

UA Family Medicine Residency Attn: Jessica Hoyer 707 N. Alvernon Way, Suite 101 Tucson, AZ 85711

By Fax: 520-694-1428 or E-mail: jhoyer@email.arizona.edu

Don't forget to check out our <u>Alumni</u> <u>Yearbook</u> on the Residency website!

If you are an alumni of the program and you have updates or photos to send us for the Alumni Yearbook please do so by emailing us at: <u>uafmresidencyalumni@gmail.com</u>.



r Bera, DO Colin Crowe, MD Daniel Horzempa, MD Esther Johnston,

UA Family Medicine Residency 707 N. Alvernon Way Suite 101 Tucson, AZ 85711

Tel: 520-694-1607 Fax: 520-694-1428 E-mail: arizpfp@email.arizona.edu

Family & Community Medicine "Healthy Families, Healthy Communities"

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> Jessie Pettit, MD Program Director

Mari Ricker, MD Associate Program Director Sherry Skszek, MPA Program Manager

Like us on Facebook!



Editor: Jessica Hoyer Program Coordinator

Pearls June to October Speaker/Topic

Colleen Cagno

- Commonly Asked Questions about GERD
- Smart Device Apps That Are Helpful
- Cervical CA Screening in Special Populations
- IUD Overview
- Diagnosis Failure to Thrive
- Signs of Illness in Newborn
- Pre- and Post- Ductal Pulse OX Screen for CHD
- What is an RVU?
- Patients Satisfaction and Implications for Future Practice
- Daniel Dickman
 - EPIC Issues—Thyroid Labs
- Atrophic Vaginitis
 Carlos Gonzales
 - Polycystic Ovary Syndrome
 - Common Pediatric Skin Rashes AFP Aug. 2015
 - Disorders of Puberty— The Tanner Stages
 - Dengue Fever vs Chagas Disease
 - Rocky Mountain Spot Fever
- Paul Gordon
 - High Value Care-Insurance
 - Practice Reading CXRs
 - Clinical Case Diarrhea and Back Pain—IBD & Spondyloarthritis
 - Febrile Infants-Various Protocols
 - Management of Febrile Infants 29 to 90 days
 - Pneumonia in Nursing Home Patients
 - Antibiotics for Acute Asthma Flare?
 - Ravi Grivois-Shah
 - Hypertension
 - Randa Kutob
 - Functional Pain Assessment and SMART Goals
 - Patricia Lebensohn
 - CFS Diagnosis Management
 - Antidepressants
 - New U.S. Preventative Services Task Force Breast Cancer Screening
 - Rosacea
 - Skin Issues in Pregnancy
 - Otitis Media
 - IM Approach to OM
 - Craig McClure
 - Vaginal Infection and Premature Labor
 - Death Certificate
 - Clavicle Fracture
 - Humerus Fracture
 - Antiplatelet Therapy after Stent—Cost Effective after One Year?
 - Zofran for Irritable Bowel Syndrome
 - Fecal DNA vs FIT for Colon Cancer Screen
 - SOAP Note
 - Vitamin D, Exercise, and Falls
 - Screening Fe Deficient Anemia in Pregnancy
 - Levonorgestrel IUD for Menorrhagia
 - Vaginal Infection and Premature Labor
 - American College of Physicians Pap Guidelines 2015
 - Scoliosis Bracing
 - Screening Benefit for Fe Deficiency
 - Prophylactic Antibiotics in Vesicoureteral Reflux

10

- MMR and Autism
- Asymptomatic Bacteriuria in Elderly
- Time Management
- High Dose Flu Vax for Elderly
- Otorrhea with Tubes
- Hepatitis C Testing

Holly McNulty

- Developmental Dysplasia of Hip
- Elizabeth Moran
 - Eyelid Lesions
 - DaTscans for Parkinson's Disease
 - Congenital Airway Malformations based on Clinic Cases: CCAM and Choanal Artesia
 - Harvoni (Ledipasvir & sofosbuvir) for Hep C
 - TOA Diagnosis and Management
 - USPSTF Recommendations for Chemo Prevention of Breast Cancer with Tamoxifen and Raloxifene
- Kawasakis
- Pediatric UTI Guidelines
- Skin & Soft Tissue Infxn (AAFP 9/15 article)
- IDSA Choosing Wisely

Jessie Pettit

- Pre/Post Menopausal Hormone Therapy 101: Contraindications, Risks, Benefits
- Clinical Breast Exams and the Idea of Shared Decision Making
- 2013 AAP ADM Guidelines: Which kids with ear infections can we observe?
- Choosing Wisely as Resource for Cost Conscious Care
- Support for FP's being Comprehensive as a Cost Saving Intervention
- Costs of SE of PPI's and How to Wean
- Review of AAFP Choosing Wisely: No Imaging for Acute Back Pain x 6 weeks w/o Red Flags and What are the Red Flags?
- Surveillance of Barrett's Esophagus
- Constipation Evaluation with Follow Up for Older Adults
- Hormonal Contraception in Postpartum Breastfeeding Women
- Basics of Progression of Milk Supply

Personal and Professional Time Out

Colon Cancer Intervals Based on Path

Menopause-Testing and Bioidenticals

Parkinson's Manifestations and Diagnosis

Communication Milestones 0-12 months

Rheumatic Fever. Secondary Prevention in RHD.

Asx Bacteriuria Screening and Tx Guidelines

HCV Screening and Follow Up

- Risks/Benefits of Hormone Therapy for Menopausal Hot Flashes
- Newborn Breastfeeding Norms
- NEWT Tool for Assessing Weight Loss in Breastfed Infants
- Mastitis
 Mari Ricker

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Galactorrhea

Efficiency

Krista Sunderman

Vulvar Cancer

PD vs. Tremor

How to Not Use PPIs

AUB-Premenopausal

Childhood Exanthems

Pediatric Leg Pain

IDSA SSTI Guidelines