

# Camp Wellness On Wheels

**Award-winning Camp Wellness classes are available EVERY week at locations near you!\***

**If you are an adult in a Cenpatico GMH/SA TXIX or SMI program, you may be eligible to attend. Speak with your case manager or recovery coach to complete a Specialty Agency referral today!**

**Call us toll-free at 1-844-396-2310.**



City	Location	Schedule (subject to change)	Camp hours
Apache Junction, AZ	Central Arizona College, 805 S. Idaho Rd, Room D133	Thursdays	11-3
Nogales, AZ	Quality Hotel Americana, 639 N. Grand Ave.	Fridays	12-4
Yuma, AZ	Martin Luther King Jr. Youth Center, 300 S 13th Avenue	Mondays	12-4
Yuma, AZ	Yuma Library, 2951 S. 21st Dr.	Tuesdays	9-1

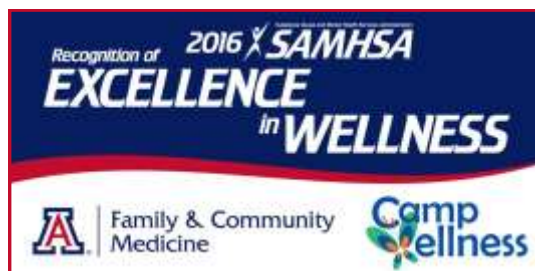


*The goal of Camp Wellness is to enhance your knowledge, skills, health and wellness.*

### Join us each week\* to:

- Learn how to choose and prepare healthy meals, exercise safely and make smart lifestyle choices.
- Explore the functions of the human body and how to keep it healthy.
- Join exciting, fun games with fellow students and Health Mentors.
- Experience a positive, challenging and supportive environment of learning.

Come have fun while improving your health!



\*Excluding holidays

# Referral Request

## Student Information

## Provider Agency Information

Your Name:

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Case Manager Name:

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Date of Birth:

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Provider:

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Address:

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Site:

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City, State, Zip:

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Telephone #:

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Telephone #:

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Email:

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Email:

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By providing the above information, I give Camp Wellness permission to contact me and to release and exchange information with my provider to coordinate my referral to Camp Wellness.  
I can opt out anytime and my information will remain private.

\_\_\_\_\_  
*Applicant Signature*

\_\_\_\_\_  
*Date*

Are you an adult member of a GMH/SA TXIX or SMI program?  Yes  No

*Your agency will need to complete a Specialty Agency Referral packet which includes:*

- Current Annual Update (Part E) or Original Assessment (Part B Core Assessment) signed by a BHP.
- Demographic including ICD-10 codes, student's current mailing address and contact information.
- Individual Service Plan with a treatment goal for Camp Wellness e.g. **"I want to improve my health and wellness by attending UA RISE Camp Wellness"**, and list Support & Rehabilitative Services **with the student's attendance frequency per month, signed by the member and a BHP.**
- Sign and return this application with the required documents via fax to 520-396-2306 or secure email to [fcmreferrals@email.arizona.edu](mailto:fcmreferrals@email.arizona.edu).
- Signed & dated Release of Information Form listing Camp Wellness.
- Cenpatico Specialty Provider Referral Checklist.

*Come have fun while improving your health at [www.campwellness.org](http://www.campwellness.org)!*

Questions? Call 520-396-2310 or toll free 1-844-396-2310.

The Health & Wellness Center is administered by Recovery thru Integration, Support & Empowerment (RISE) in the Department of Family and Community Medicine (DFCM) at The University of Arizona. Cenpatico Integrated Care (Cenpatico) services are funded through a contract with the Arizona Department of Health Services (ADHS) and AHCCCS.