

Camp Wellness On Wheels

Award-winning Camp Wellness classes are available EVERY week at locations near you!*

If you are an adult in a Cenpatico GMH/SA TXIX or SMI program, you may be eligible to attend. Speak with your case manager or recovery coach to complete a Specialty Agency referral today!

Call us toll-free at 1-844-396-2310.



City	Location	Schedule (subject to change)	Camp hours
Apache Junction, AZ	Central Arizona College, 805 S. Idaho Rd, Room D133	Thursdays	11-3
Nogales, AZ	Cochise College, Santa Cruz Center, 2021 N. Grand Ave.	Fridays	12-4
Yuma, AZ	Martin Luther King Jr. Youth Center, 300 S 13th Avenue	Mondays	12-4
Yuma, AZ	Yuma Library, 2951 S. 21st Dr.	Tuesdays	9-1

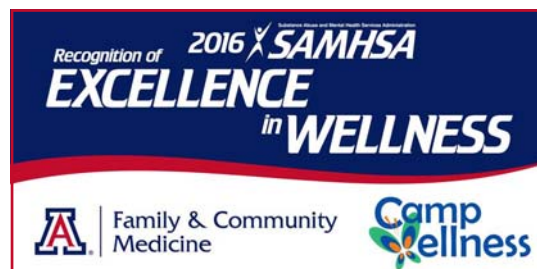


The goal of Camp Wellness is to enhance your knowledge, skills, health and wellness.

Join us each week* to:

- Learn how to choose and prepare healthy meals, exercise safely and make smart lifestyle choices.
- Explore the functions of the human body and how to keep it healthy.
- Join exciting, fun games with fellow students and Health Mentors.
- Experience a positive, challenging and supportive environment of learning.

Come have fun while improving your health!



*Excluding holidays